



Inclusive healthcare matters

At 2nd.MD, we understand how important it is to receive high-quality healthcare where you feel safe and understood. Whether you need help finding affirming care or are interested in a virtual second opinion consultation, we're here to help our LGBTQ+ members feel confident in their health each step of the way.

This service is offered at NO ADDITIONAL COST to you and your eligible family members as part of your company benefits.



Connect to care that fits your needs



Find doctors that match your preferences and specific needs



Get safe and affirming guidance from compassionate providers



Explore treatment options for a wide range of conditions

How to get started:

- 1 **Activate your account and request a consult**
Call **1.866.841.2575**
Visit **2nd.MD/activate**



- 2 **Speak with a nurse**
Connect with a 2nd.MD nurse who is experienced with the LGBTQ+ community to discuss your concerns and see if a second opinion is right for you.

- 3 **Consult with a leading specialist**
Connect to an expert specialist by video to discuss your care options from the comfort of home.

Feel confident about your healthcare journey

2nd.MD has specialists who provide second opinion consultations on Hormone Therapy and Gender Affirming Surgery. Your Care Team can connect with urologists, mental health specialists, pediatricians and other specialists as needed to help you feel confident about your care.

Additionally, we are able to support our LGBTQ+ members with finding local community providers who have been identified as LGBTQ+ friendly and specialize in Transgender Health.

CALL 911 IMMEDIATELY IF YOU ARE HAVING A MEDICAL EMERGENCY. 2nd.MD is not an emergency service. 2nd.MD is an independent resource to support you in receiving information from Expert Medical Specialists. 2nd.MD does not practice medicine or provide patient care and is independent from the Specialists providing the expert medical consultations.