

Offered at **NO ADDITIONAL COST** as part of your benefits

# SAY GOODBYE TO DIGESTIVE PAIN

If you have a gastrointestinal condition but feel like your treatment plan isn't controlling your symptoms, 2nd.MD is here to help.

Get an expert second opinion from a leading gastroenterologist. Included as part of your benefits, it's **NO ADDITIONAL COST** to know that you're on the best path to better health.

## HOW IT WORKS

### 1 ACTIVATE YOUR ACCOUNT AND REQUEST A CONSULT

Call **1.866.841.2575**  
Visit **2nd.MD/activate**



### 2 SPEAK WITH A NURSE

Discuss your diagnosis with an experienced 2nd.MD gastrointestinal nurse. We'll collect your relevant medical records, including imaging and labs.

### 3 CONSULT WITH A LEADING SPECIALIST

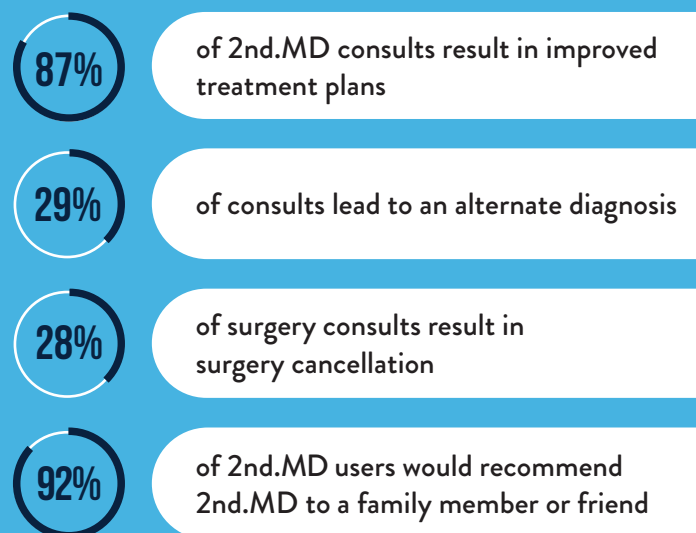
Connect to a top gastroenterologist by video to discuss your treatment options from the comfort of home. Consultations are available when it's convenient for you, including nights and weekends!



## Our specialists can help with gastrointestinal conditions, including:

- Irritable bowel syndrome (IBS)
- Diverticulitis
- Celiac disease
- Peptic ulcers
- Gastroesophageal reflux disease (GERD)
- Crohn's disease
- Colitis
- And more

## DID YOU KNOW?\*



\*2nd.MD's Book of Business Statistics, 2022  
CALL 911 IMMEDIATELY IF YOU ARE HAVING A MEDICAL EMERGENCY.  
2nd.MD is not an emergency service. 2nd.MD is an independent resource to support you in receiving information from Expert Medical Specialists. 2nd.MD does not practice medicine or provide patient care and is independent from the Specialists providing the expert medical consultations.  
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