



Diabetes Management

The form is not valid unless completely filled in and signed by the member and the provider.

Section A - Member information (To be completed by YOU)							
First name	Last r		MI	Gender	М	F	
Date of birth/ / Employer				1			
Choose one: Employee	e Spouse C	Child Retiree	Domest	ic partner	Other dep	endent	
Street address			City		State	_ Zip	
Home phone	Cell		Email				
Section B - Biometric Assessment (MUST be completed by a CLINICIAN)							
I am currently pregnant (Check if YES) Baby due date// MM DD YYYY							
Total Cholesterol		Blood Pressure					
LDL (Bad) Cholesterol		Height (Inches)					
HDL (Good) Cholesterol		Weight (lbs)					
Triglyceride Level		BMI					
HgbA1C		Last eye exam					
Fast Glucose		Last dental exa	n				
Known Chronic Illnesses (che	Diabetes	Asthma	Heart D	isease	Hypertensi	on	
Depression	Hyperlipidemia	ADHD	Other cond	itions			
I, the undersigned, hereby certify that I am the named member's health care provider and I certify that I have examined the named member sufficiently to answer the above questions. Further, I certify that the above answers are true and accurate statements regarding the named member's condition.							
Health care provider signature							
Health care provider printed name							
Section C - Signature (To be completed by YOU)							
By signing, I authorize the disclose of my health screening results to UMR. All information released to UMR will be protected in accordance with any applicable law. I understand that information contained on this form will not be shared with my employer.							
Signature			Date _	// MM DD	_/		

How to submit: Go to **umr.com** to obtain an online version of this form. Most of Section A will fill in for you. Otherwise, print this copy and email the completed form to **diabetes@umr.com**. Questions? Call **888-763-8232**. To continue receiving the DCM enhanced benefits, a new DCM form must be completed annually, at start of the plan year. The form must be signed by both you and your physician and submitted to the third-party claims' administrator for processing.