



2nd Quarter—Plan Year 2023

Quarterly Newsletter

October 2022

Anytime HSA Employee Contribution Event

Inside This Issue:	
Anytime HSA Employee Contribution Event	1
Transitioning to HSA Bank	1
Pharmacy Closures	1
Premium Holiday	2
Medicare Open Enrollment	2
Via Benefits Webinars	2
Why Get Vaccinated?	3
PEBP's Annual Vaccine Clinics	3
Commonly Asked Questions	4

Active employees enrolled in the Consumer Driven Health Plan with a Health Savings Account (HSA) can now update their employee pre-tax HSA contribution in their [E-PEBP portal](#). This event can be done at any time throughout the year, not just during open enrollment.

Transitioning to HSA Bank

The deadline to e-consent to move HSA funds from HealthSCOPE Benefits (HSB) to HSA Bank was July 31st. **If you are an active employee or retiree that has remaining funds with HealthSCOPE and would like to transfer those funds to HSA Bank you can still do so.** This is a 4-6 week process. There is a \$25 closing fee to transfer or close your account at HealthSCOPE.

If you keep your HSA funds at HealthSCOPE Benefits please keep in

Pharmacy Closures

Pharmacies at Save Mart and Lucky supermarkets have closed in California and northern Nevada. The affected pharmacies have chosen to transfer their existing

You must have beneficiaries on file in your portal before you can complete this event. Adjustments made any time during the month will be applied to the payroll deduction the following month. Funds will show in member's HSA Bank account an average of 72 hours, or longer depending on

mind that your HSB HSA is subject to monthly administrative fees, and any future employer and pre-tax employee contributions taken through payroll deduction, including this plan year's contributions, will be deposited into your HSA Bank account. Transferring your balance to HSA Bank will guarantee all of your funds remain together.

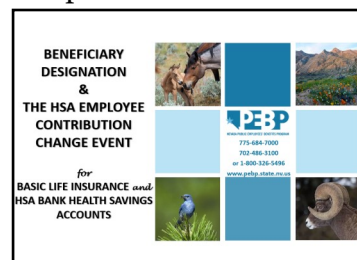
To transfer your funds:

1. Complete the [HSA Application and Eligibility Form](#) and submit it to HSA Bank.

prescriptions to Walgreens, an out-of-network pharmacy. Members enrolled in the CDHP, LD and EPO plans will need to establish a new pharmacy. To find a pharmacy, log in to your

weekends and holidays, after the payroll date in which it was deducted.

Click on the guide for complete instructions.



hsaforms@hsabank.com

Fax to 920-803-4184

HSA Bank

P.O. Box 939

Sheboygan, WI 53082

2. Complete the [HSA Account Direct Transfer Form](#) and send it to HealthScope HSA Customer Service.

Fax to 501-218-7603

HealthSCOPE

Attn: HSA Team

PO Box 3627

Little Rock, AR 72203

[E-PEBP portal](#) to access the Express Scripts site, visit [express-scripts.com/findapharmacy](https://www.express-scripts.com/findapharmacy) or call Express Scripts Member Services at 855-889-7708.

Premium Holiday

In 2021, the legislature passed and the PEBP Board approved two premium holidays for the month of October 2021 and October 2022. **To receive the second premium holiday, members must be en-**

rolled in a PEBP plan this October.

If you are enrolled in a Medicare supplement plan through the Medicare Exchange with VIA Benefits and elected PEBP dental, the holiday

will count only toward your PEBP dental premium. If you are a new hire enrolling in benefits or are in the process of completing an enrollment due to a qualifying life event that will be effective on October 1, 2022, you will

also receive the premium holiday *once your coverage is processed*. The premium holiday does not apply to COBRA participants, unsubsidized spouses, survivors, active Nevada State Legislators, non-state actives, or non-state retirees.

Medicare Open Enrollment



December 7, 2022 with coverage being effective on January 1, 2023. During Medicare open enrollment,

Via Benefits retirees can make changes to their existing plan(s) or enroll in a new plan(s).

Retirees may receive phone calls or mailings from other insurance carriers offering plans that could cost you less money per month, but remember, **if you enroll in a plan outside of Via Benefits, you will lose your PEBP Health Reimbursement Arrangement (HRA)**, along with your life insurance and PEBP

dental benefits (if enrolled).

Now is the time to review your current plan and decide if you want to make changes.

Please contact a Via Benefits Licensed Benefits Advisor at 1-888-598-7545 for assistance with any decision. The best time to call is in the afternoon or later in the week.

Medicare open enrollment begins on October 15, 2022 and continues through

Medicare Open Enrollment Begins	Medicare Open Enrollment Ends	New Plan Year Effective Date
October 15, 2022	December 7, 2022	January 1, 2023

Via Benefits Pre-Medicare and Medicare Meetings

PEBP and Via Benefits host a series of informational webinars. This year the webinars will be on October 19th and October 20th for pre-Medicare and Medicare retirees.

If you plan to attend the webinar you must register.

For more detailed information about the meetings, [please click here](#). To register use the links in the table on the right, or visit

my.viabenefits.com/PEBP and scroll down to *Important Information*.

It is recommended to log on to the webinar 10-15 minutes before it starts so you can get your audio and visual in place before the meeting begins.

Additionally, PEBP's Medicare retirees who are already enrolled at Via Benefits can schedule a phone appointment with an HRA Specialist for escalated or on-going issues. If you are not

experiencing issues with your HRA, no action is needed.



Pre-Medicare/Ageing Into Medicare Webinars

[October 19th from 9:30 am - 11:00 am](#)

[October 20th from 11:30 am - 1:00 pm](#)

**Via Benefits HRA/
Medicare Open Enrollment Webinars**

[October 19th from 12:00 pm - 1:30 pm](#)

[October 20th from 2:00 pm - 3:30 pm](#)

Why Get Vaccinated?



[According to the CDC](#), vaccines can lower your chance of getting certain diseases. Vaccines work with your body’s natural defenses to help you safely develop immunity to disease. This lowers your chances of getting certain diseases and suffering from their complications. For instance, flu vaccine

lowers your risk of flu-related heart attacks or other flu-related complications from existing health conditions like diabetes and chronic lung disease. Getting recommended vaccines can give you some peace of mind. You will have the best possible protection available against serious illness.

Vaccine Facts:

- Vaccines are one of the safest ways to protect your health
- Vaccines are tested and monitored
- Vaccine symptoms are usually mild and go away in a few days.

PEBP’s Annual Vaccine Clinics

PEBP is offering a second round of vaccine clinics in case you missed the first one. View the [Carson City Vaccine Clinic flyer](#) and the [Las Vegas Vaccine Clinic flyer](#). **You must register to attend a clinic.**

What vaccinations are being offered?

Flu Shots (regular and senior formulation): Flu shots are available to members of all ages and covered dependent children 6 months and older with a parent present.

COVID-19 Vaccine:

Both the Pfizer and Moderna COVID vaccine will be available for participants and their eligible dependents 12 years and older with a parent present.

Pneumonia Shots:

The CDC recommends pneumococcal vaccination for all adults 65 years or older.

Shingles Vaccine: The CDC recommends two doses of recombinant zoster vaccine (Shingrix) to prevent shingles and related complications in adults 50 years and older.

Carson City Vaccine Clinic:

Date: Thursday, October 13th
Time: 9:00 AM – 1:00 PM
Location: Richard H. Bryan Building
 901 S. Stewart St.
 Carson City, NV 89701

Las Vegas Vaccine Clinic:

Date: Monday, October 10th
Time: 10:00 AM – 2:00 PM
Location: Nevada Business Center
 4th Floor—Nevada Room
 3300 W. Sahara
 Las Vegas, NV 89102

MYTH	FACT (Provided by the CDC)
The ingredients in COVID-19 vaccines are dangerous.	Nearly all the ingredients in COVID-19 vaccines are also ingredients in many foods – fats, sugars, and salts.
The natural immunity I get from being sick with COVID-19 is better than the immunity I get from COVID-19 vaccination.	Getting a COVID-19 vaccination is a safer and more dependable way to build immunity to COVID-19 than getting sick with COVID-19.
COVID-19 vaccines cause variants.	COVID-19 vaccines do not create or cause variants of the virus that causes COVID-19. Instead, COVID-19 vaccines can help prevent new variants from emerging.
The mRNA vaccine is not considered a vaccine.	mRNA vaccines, such as Pfizer–BioNTech and Moderna, work differently than other types of vaccines, but they still trigger an immune response inside your body.

Commonly Asked Questions

Long wait times when calling PEBP and long response times to questions asked in the E-PEBP portal are inconvenient. Skip the wait. Here are some of the most commonly asked questions.

How do I update my address/phone number?

Let us know what it has changed to by sending a secure message in your [E-PEBP portal](#). Once your information has been updated, you will receive a response email from PEBP. From there, address changes can take a couple of business days to be communicated to your plan's third party administrator. If you're enrolled in the CDHP with an HSA/HRA, you will need to contact HSA Bank to have your address updated with them. Retirees with VIA Benefits will need to update their information with them.

For members enrolled in the CDHP, LD or EPO plans, for claims and EOBs prior to 7/1/22, you will need to [log into your HealthSCOPE account](#). Call HealthSCOPE Benefits at 1-501-508-4085 or 1-614-797-5200. For claims and EOBs beginning July 1st, you will need to [log into your UMR account](#). Call UMR at 1-888-763-8232.

For members enrolled in HPN you will need to [log into your HPN account](#), or call them at 1-702-242-7300.

How do I access my claims and EOBs?

How can I get new medical ID cards?

If you're enrolled in the CDHP, LD, or EPO plan you can log into your UMR account to request, print and fax ID cards to providers, or call them at 1-888-763-8232.

If you're enrolled in the HPN, you will need to log into your HPN account, or call them at 1-702-242-7300.

If you're enrolled in the CDHP with an HSA/HRA, you will need to [log into your HSA Bank account](#), or call them at 1-833-228-9364.

Corestream administers all of PEBP's voluntary benefits including accident insurance, auto and homeowner's insurance, critical illness, hospital indemnity, identity theft, legal services, short and long-term disability, pet insurance, VSP vision insurance and voluntary life. Log into your [PEBP Portal – PEBP+ Voluntary Benefits](#). Call Corestream Customer Care at 1-775-249-0716. Email Corestream at pebpcustomer@corestream.com.

How do I access my voluntary benefits?

How can I submit supporting documentation?

While completing events in your E-PEBP portal will allow you to upload required supporting documentation, sometimes you need to get us documents and information outside of an event. For these documents use our secure document upload form on our [Contact Us page](#) under Supporting Documents.

You can upload a driver's license, social security card, updated birth certificate, or court ordered document using our secure document upload form on our Contact Us page. Please include the previous name and PEBP ID to insure it gets indexed to the correct account.

How do I update my name/ dependents name, or provide SSNs?