



**JOE LOMBARDO**  
Governor



STATE OF NEVADA  
**PUBLIC EMPLOYEES' BENEFITS PROGRAM**  
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[www.pebp.state.nv.us](http://www.pebp.state.nv.us)

**CELESTENA GLOVER**  
Interim Executive Officer

**JACK ROBB**  
Board Chair

**Subject line:**

Struggling with muscle or joint pain? You're invited to meet Hinge Health

**Body:**

Dear PEBP Participant,

If you are struggling with muscle or joint pain, your Hinge Health benefit can help you feel better at no additional cost to you.

**Pain relief, plain and simple**

In just 15 minutes a day, you can start feeling better through Hinge Health's digital exercise therapy program and dedicated 1-1 support.

**Hinge Health is hosting a lively 25-minute webinar**

Find out how their personalized program could reduce your pain, hear how Hinge Health has helped others, and get your questions answered.

**There are four dates to choose from:**

- [Wednesday, October 11](#) at 10am PT
- [Wednesday, October 25](#) at 10am PT
- [Wednesday, November 8](#) at 10am PT

If you can't make a webinar, register anyway and Hinge Health will send you the recording. For question on your Hinge Health benefit, contact Hinge Health at 855-902-2777 or visit [hinge.health/nevadapebp](http://hinge.health/nevadapebp) to learn more.

We hope you take advantage of this great benefit and get back to the things you love.

Sincerely,

*The Public Employees' Benefits Program*

